

# Letter Writer Instructions

Thank you for agreeing to write a letter of recommendation (LoR) for an aspiring health professional. We realize that you are taking valuable time from your busy schedule to contribute. We wanted to give you information about the process and some guidelines to help make this task more manageable. **The student will provide you with a deadline to submit your LoR.**

## What are Graduate Health Profession Programs looking for from faculty evaluators?

Recommendations from individuals who know the student are an important and essential part of the evaluation process. Please provide a candid evaluation of the student's qualities as they pertain to his/her application to a graduate health professional program. Admissions committees rely heavily on information provided by the student's letters of recommendation. They are looking for specific evaluations of the applicant's abilities in the area in which you supervised his/her work. When you comment on these abilities, please be specific. For example, citing the topic of a student's seminar paper or the subjects on which s/he was most vocal in class discussion helps to make a recommendation more convincing. We have found that the most useful letters include the following:

**1) Explanation of relationship between applicant and reference**

**2) Information on applicant's personal characteristics** (i.e., integrity, reliability, determination, motivation, honesty, professionalism, leadership, character, maturity, etc.)

**3) Information regarding applicant's social skills** (i.e., interpersonal skills, ability to interact with others in groups, ability to establish peer relationships)

**4) Comparative information:** How does this student compare to others whom you have taught or with whom you have worked?

**5) Assessment of applicant's academic potential:** (if applicable to relationship) – Is this student ready for the rigors of their intended program of study? Do they have good critical thinking and problem-solving skills?

## To whom should the letter be addressed?

Letters should be addressed to “**Admissions Committee**” or “**To Whom it May Concern**”. As students may apply to several different programs, *please do not refer to a single school or individual when writing the letter.*

## Timeline

Applicants should provide you with deadlines for their LoRs. Applications and interviews will not be reviewed/sent until LoRs are received. Please communicate with your student if you're unable to meet the deadline provided.

## Submission Process for Letter of Recommendation

### Medical School LoR's (AMCAS-Allopathic)

- Upload your PDF letter(s) to the AMCAS Application through the [AMCAS Letter Writer Application](#). You will need your AAMC ID and AMCAS Letter ID in order to upload your letter.
- Alternatively, you can also upload letters through [Interfolio](#). Please visit the [AAMC website](#) and scroll to the "Interfolio" section.

### Medical School LoR's (AACOMAS-Osteopathic)

- Each program may have a different submission process. Applicants will provide you with specifics. You may be able to submit your letter through [Interfolio](#).
- AACOMAS Letters of Recommendation [Guide](#)

If you have any questions, please contact [prehealth@southalabama.edu](mailto:prehealth@southalabama.edu) or Nani Perez-Uribe at [nperezuribe@southalabama.edu](mailto:nperezuribe@southalabama.edu). You may also call the AATS Office at 251-341-4017.

Thank you for your time and effort.

Best wishes,

Pre-Health Advising

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