DON’T SETTLE

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Recap

Overview

- Support and Challenge
- Raising the Bar
- Virtuous Cycle
- Personal Development
- Discussion
- Reflection

Support and Challenge

- Establishing Support
  - *Encouragement*
  - *Trust*
  - *Rapport*

Raising the Bar

- Knowing our students ability and confidence
- Setting APPROPRIATELY high expectations
  - *Too low can encourage complacency*
  - *Information gathered (Discover, Dream and Deliver)*
- Must be done in timely manner
- Continued contact
- Celebrate accomplishment and continue to set next goal
  - *Positive reinforcement*

Virtuous Cycle

- Acknowledging Successes
  - *Requires attention to detail*
  - *Big or small*
- Creating Motivation
  - *Maintaining consistency*

Personal Development

- Continue to grow and learn as advisors
- Raise your own bar

Discuss It!

- Why is *good* the enemy of *great*?
- How can perfectionism get in the way of great?
- How can advisors push students toward becoming their better selves?
- When, if ever, should advisors help students lower their expectations for themselves?
- Who pushed you to become your best self? How did this person inspire and motivate you?
- Why does the process of raising the bar need to involve both the advisor and the advisee?
- How can advisors gauge the appropriate height of the bar? What information signals that it is set to high or too low?
- How can you help a student leverage a past success?

Reflection

- Steve Jobs- Don't Settle